



Practice Ready Training

Preparing for Clients and Obtaining Accreditation

To qualify for GHR registration you are required to complete 120 hours live in person or live online together with 330 hours of home study. **To qualify for CNHC registration**, the 120 hours must be in a *physical classroom* and not online. Plus 330 hours of home study.

This amounts to approximately 6 hours of work per week *inclusive* of case study work. The aim of home study is to deepen your knowledge and understanding of client centred hypnotherapy and to ensure you provide a dynamic, engaging and professional service to your clients. You will enjoy the assignments as they work towards ensuring you are 'practice ready' by the time you graduate. Assignments will be discussed in detail during each module and emailed to you and include:

- Researching specific topics of interest to you in the field of hypnotherapy.
- Assignments typically include reading relevant sections of your course manuals.
- Short video Master Classes in the online learning hub.
- Demonstrations and hypnotherapy sessions in the online learning hub.
- 101 Hypnotic Inductions in the online learning hub.
- Self Hypnosis recordings of key concepts and themes.
- Researching the market to find your niche.
- Using course materials to develop your professional identity and client communications.
- Developing copy for your professional website and promotional materials.
- Reading to deepen your understanding of each stage in the hypnotherapy process.
- Reading to deepen your understanding of our position within the broader field of psychotherapy.
- Developing your professional practice and ensuring you have processes for GDPR, Informed Consent, Referral, Safeguarding Protocols, Working With Children First (Law), Managing Disclosures and including relevant others in the therapy process.
- Over My Shoulder video tutorials to put legal, ethical and professional obligations in place on your website and client communications.
- Google My Business and other client attraction tutorials to improve online visibility.
- Finding Case Study clients. Taking case study bookings.
- Applying for insurance and student membership of the GHR.
- Developing plans for Case Study clients.
- Delivering Case Study sessions. Completing Case Study reviews and Self Reflection.
- WhatsApp student discussion group and relevant shared video tutorials.
- Short True and False
- Roundtable discussions throughout training to ensure you are meeting the accreditation criteria.

Please use the time sheets on the following pages to track your research, reading and progress.

Month # __	Date Commenced	Hours spent
Week 1	Work completed	
Week 2		
Week 3		
Week 4		
	Total hours	

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